

Professional Development:
Workshops conducted

- Conducted workshops on Cooperative learning structures/ techniques for the teachers of Avalon heights International School, Navi Mumbai in 2021.
- Conducted Lesson Planning Workshops for ECEP Students of HSNC University, 2022
- Conducted a three months TET preparation program for teachers from Mumbai Schools in 2021.
- Conducted a three days' workshop for students for preparation for CET at Sree Narayan Guru College of Education, Mumbai from 2020 to 2022.
- Conducted a workshop for students on 'ICT in teaching and evaluation' for B. Ed students on 12th February 2019.
- Conducted a Workshop on Constructivism in teaching learning on 4th August 2018, for students of B. Ed, PCER
- Conducted a Workshop on Self-Management as Add on Course, PCER, 16th August 2018.
- Conducted a Session on Blackboard Skills and 2 D Teaching Aids on 4th August 2018.
- Workshop on SWOC analysis for B. Ed students of PCER on 9th October 2018.
- Workshop on "Identify your leadership style" on 21st November 2017 for the B.Ed. students.
- Organized a Workshop on Emotional Intelligence with Ms. Shamim Modi as the resource person on 14th October 2015.
- Invited as a resource person to conduct a Workshop on SWOT analysis for an Add course 'Effective Communication and the Teacher' organized by PCER, Chembur, Mumbai in 2014.
- Invited as a Resource person to conduct a session on 'Clean Green Environment' organized by Mahatma Night Degree College for NSS student volunteers on the 6th of September 2014.
- Invited as a Resource person to conduct 'Workshop on teaching aids' for schoolteachers of St. Stanislaus High School, Mumbai on 28th April 2014.

- Seminar cum Workshop on Carbon Footprints for B. Ed students in the year 2009.
- Workshop on Paper Conservation for B. Ed Students, 19th September 2009.

Publications:

- Published paper titled '**Cyberbullying**: the Digi Age crime – inspecting the legal angle', a peer reviewed Journal of Education and Humanities, Vol VIII, No.1, pg.69 - 72, APH Publications, Jan -Dec 2019, ISSN 2320- 3684.
- Published paper titled 'Gender Differences in Achievement Motivation and Academic Self Concept of SSC Board Students' in Online International Interdisciplinary Research Journal, (Bi-Monthly), ISSN 2249-9598, Volume-08, Aug 2018 Special Issue.
- Published paper in International Peer Reviewed Scholarly Research Journal for Interdisciplinary studies titled 'Overuse of smart phones by adolescents – action research', special Issue July-Sept 2017, Vol 6, Issue – 33, online ISSN 2278- 8808, Impact factor SJIF 2016 – 6.177, UGC Approved Sr. No. 45269, printed ISSN 2319-4766, Amitesh Publication and Company, Pune.
- Published Book review – 'Adversity Quotient – Turning Obstacles into opportunities' in PJERT, Volume 06, No. 2, July – December 2017, ISSN 2249–4367.
- Published paper titled 'Leveraging Technology to Foster 21st Century Skills' in ICT transforming Education, pg. 33 -38, ISBN: 978-93-5262-328-0 Himalaya Publishing house.
- Published paper titled 'Effectiveness of Resilience Enhancement program for std VIII students' PJERT, Jan –July 2016, page 43 -48, ISSN 2249-4367
- Paper published titled 'Program developed to enhance the resilience ability of students' in workshop proceedings of Research Methodology for Social Sciences, page 21 -29, ISBN978 -9382626 -12-1, 2015
- Published paper titled 'Globalizing the benchmarking approach through best practices in International Journal for Interdisciplinary Knowledge, Vol 1 Issue 3 (2015 -16) ISSN: 2394-0018, Seth publishers Pvt ltd.
- Paper published titled 'Promoting a culture of safe schools – Disaster Management Cell' in the International Journal, Trans academia, 2015, ISBN 2319-3492
- Published paper titled 'Fruits of Labor – Planting Ideas for a Healthy Generation' in the National level seminar proceedings of Family Farming, December 2014, ISBN – 978-81-924684-6-4, pg:39-42.

- Published paper titled 'From Adversity to Advert unity – equipping students to adopt a rational outlook in life' in the Seminar proceedings of ICSSR sponsored National seminar on 'Enabling education – equipping students for life', July 2014, ISBN – 978-93-82626-11-4, pg.: 121-124
- Paper published titled 'Environmental Ethics – perspectives' in Monograph II – a peer reviewed publication, ISBN no. 987-81-924258-5-6, 2013
- Published article titled 'A Study of the Effectiveness of a Program developed to enhance the Adversity Quotient of Students' in Journal of Innovations in Teacher Education, Vol III, No.2, July 2012.
- Article published titled 'Inclusive education on crossroads 'in conference proceedings of Synchronizing Psychological Principles and technological approaches in teaching and learning, pg 161 – 167, April 2012, Sri Krishna Publications, Chennai, ISSN 978-93-80624-64-8.
- Published article titled 'Resilient who? Boys or Girls – A comparative approach to gender difference in AQ', in 'Towards Excellence in Education' ISBN – 9788192030951, Section V111, pg. 20 – 22, 2012.
- Published article titled 'Legal mechanism for the development of Inclusive education', in edited book 'Innovative Trends in Education', APH publishing 2012, 2011 -12, ISBN – 9788131316689, pg. 131-138.
- Published article titled 'Effectiveness of an AQ enhancement program on gender – An experimental approach' in Optimizing positive strengths through life skills, ISBN – 9789382062806, Pg. 625.
- Published research-based paper titled 'A Study of Adversity Quotient of Students of Standard VIII in Relation to their Academic Self Concept' published in Pillai Journal of Educational Research and Technology (PJERT), April – June 2012, Vol. 01, No. 02, p.11- 18, ISSN 2249-4367.
- Published research-based paper titled 'Correlation of Adversity quotient and Achievement motivation of secondary school students' published in Electronic International Interdisciplinary Research Journal (EIIRJ), April 2012, p. 91 – 97, ISSN 22778721.
- Paper published titled 'Schooling emotions for a better tomorrow' in Conference proceedings Emotional literacy: A Heart Centred Education, 2008, pg. 95 – 100.
- Paper published 'Afforestation - a survival option' in Conference proceedings Environmental Ethics – Exploring Multiple perspectives, 2008, pg. 110 - 115

Conferences / Workshops attended:

- Attended the GOM Dept of Higher and Technical education interaction meeting of NCTE team with Principals of Teacher education colleges w.r.t. to NEP and ITEP on 2nd June 2023 at University Convocation Hall, Fort, University of Mumbai.
- 3 days NAAC sponsored webinar on Qualitative & Quantitative Metrics in Assessment of TEIs as per NAAC guidelines 2019, 3rd - 5th February 2021.
- 2 days Online International Conference on Gender Mainstreaming: Global Perspectives, 2nd – 3rd February 2021.
- ☒ 15 days Faculty Development Program on Managing Online classes and co creating MOOCs by MHRD and Delhi University, 2020.
- ☒ 5 days Online National workshop on Empowering teachers for Online teaching by St Teresa's Institute of Education from 26th May 2020 to 30th May 2020.
- ☒ Attended Webinar by University of Mumbai Thane Sub campus and PCER on Reviving Educational Practices post Covid 19 pandemic from 27th April to 29th April 2020.
- ☒ Attended Webinar by University of Mumbai Thane Sub campus and PCER on Effective Leadership Skills post Covid 19 pandemic from 27th April to 29th April 2020.
- ☒ Participated in Webinar on Learning Management System by BTTC on 2nd May 2020.
- ☒ Participated in 5 days National Webinar Series on Knowledge Generation in Education during Covid 19 by BTTC, HNSC University and Department of Education, University of Mumbai from 12th May 2020 to 16th May 2020.
- ☒ 5 days Faculty Development Program on Nai Talim from 14th August 2019 to 19th August 2019 by MGNCRE, Hyderabad.
- ☒ Participated in a Workshop on Introduction to Story Telling organized by Storyz Gold on 9th March 2019 conducted by the international Story teller Ms. Urmila Prabhu.
- ☒ Participated and presented paper on 'Cyberbullying: the Digi Age crime – inspecting the legal angle' at the National level seminar on Influence of social media on Youth sponsored by Maharashtra State Commission for Women organized by R.R. Educational Trust's College of Education and Research, Mulund, Mumbai on 26th November 2018.

- ☐ Workshop on Constructivist Lesson Planning organized by the Department of Special Education, SNTD on 25th July 2018
- ☐ Attended workshop on Dyslexia and English Language Teaching conducted by King's College, London in collaboration with TISS under the UGC – UKEIRI thematic partnership grant on 4th Sept 2018 at Mumbai.
- ☐ Participated and presented paper at International Seminar in Promoting Quality Research in Education organized by PCER and St. Teresa's Institute of Education on 12th October 2017
- ☐ Attended a One day Training Program on "Human Rights for Humaneness" on 25th November, 2017 sponsored by National Human Rights Commission.
- ☐ Attended NHRC sponsored Workshop on Human Rights for All on 23rd July 2016 at PCER, Chembur.
- ☐ Attended Workshop on Disaster Management organized by PCER and Disaster Management Unit of MCGM, 2016.
- ☐ Participated in the NAAC sponsored Conference Innovative practices: Pathways for Quality Assurance and Sustenance in Higher Education on 21st and 22nd April 2016.
- ☐ Presented paper on 'Gender differences in Achievement motivation and Academic Self Concept of SSC board students' at an international conference on Women Studies organized by Amlani College of Economics and Commerce, Mumbai, 2014-15.
- ☐ Participated in a UGC Sponsored National Level 3 days' workshop on 'Promoting Collaborative Learning: Changing Paradigms using e - Resources' on 23rd – 25th April 2015 organized by Hansraj Jivandas College of Education, Mumbai.
- ☐ Participated in 6 days ICSSR sponsored workshop on Research methodology in Social Sciences, August 8th – 14th, 2015 organized by Mahatma Night Degree College of Education and Pillai college of Education and Research, Mumbai.
- ☐ Participating in the One day Seminar on 'ICT Transforming Education' organized by Reading Association of India, Gujarat Research Society and Indian Section of World Education Fellowship on 23rd April 2015.
- ☐ Participated in the One day training program on Human Rights for Empowerment sponsored by NHRC, New Delhi on 18th -19th March 2015.
- ☐ Presented paper on 'Promoting a culture of safe schools – Disaster Management Cell' at International Colloquium on 'Emerging trends in Education' held at M.E.S. Pillai College of Education, Chembur on 21st February 2015.

- ☐ Attended Workshop on ‘Changing the Landscape of teaching, learning and evaluation’ at Pillai College of Education & Research on 18th February 2015.
- ☐ Participated in workshop on ‘Building Capacities of Researchers in South Asia for Publishing in Academic Journal’ organized by TISS on 29th and 30th January 2015.
- ☐ Participated and presented paper on ‘Fruits of Labor – planting ideas for a healthy generation.’ in the ICSSR sponsored National Seminar on Environmental Re-engineering: Series 5 – Family Farming on the 8th and 9th December 2014.
- ☐ Participated and presented an innovative strategy titled ‘From Adversity to Adversity – Equipping students to adopt a rational approach’ at the ICSSR sponsored National Level Seminar on Enabling Education: Equipping students for Life, in association with Tata Institute of Social Sciences (TISS) on 18th and 19th July 2014.
- ☐ Participated in a NAAC sponsored seminar organized by P.N. Doshi College and presented paper on ‘Globalization the benchmarking approach through Best Practices’.
- ☐ Participated in a Symposium ‘Teacher Education – Enhancing Quality & Relevance’ organized by SXIE and Observer Research Foundation, Mumbai.
- ☐ Participated and prepared a radio script for a topic in Environmental Education at the Workshop and Seminar on Content Development organized by Kapila Khandwala College of Education and Research on 16th to 17th April 2014.
- ☐ Participated in a 5 days’ workshop on Research Methodology in Social Sciences conducted by ICSSR, University of Mumbai from 10th February to 14th February 2014.
- ☐ Participated and presented paper at the 4th International Conference on Life Skills Education: ‘Optimizing positive skills through life skills’ from December 7 to 9, 2012.
- ☐ Participated in the pre - Ph. D program organized by the Dept. of Education held from 2nd July to 20th August 2012.
- ☐ Participated in the Workshop for Qualitative Research in Social Sciences organized by ICSSR and Dept of Education from June 25 to 30, 2012.
- ☐ Participated in a Peer Enrichment Program Series on “Practical Approach to Tool Preparation” on 12th of May 2012, organized by Gokhale Education Society’s College of Education and Research, Parel.
- ☐ Presented research-based paper at a two days National Level Seminar on ‘Innovative Practices and New Trends in Education’ on 4th and 5th April 2012, organized by P.V.D.T College of Education for Women, Mumbai.

- ☐ Attended workshop on Research Methodology in Quantitative Data Analysis on 26th & 27th March 2012, organized by the Department of Education, University of Mumbai.
- ☐ Participated in Two days National Seminar on Environmental Re-engineering for Enhanced Living at Pillai's College of Education and Research
- ☐ Participated in Two days National conference - Life Skills Education – Impetus for a Humane Society
- ☐ Participated in a Workshop on Research methodology in Social& Behavioral Sciences
- ☐ Attended a workshop on 'Research in education' organized by PCER in association with Homi Bhabha Centre for Science Education for school teachers,
- ☐ Presented paper at National Level conference on 'Emotional literacy – a heart centered education' organized by STIE from on 28th -30th of July 2008.
- ☐ Participated and presented paper in National Level conference on 'Environmental issues – Exploring Multiple Perspectives' organized by BTTC, Mumbai from 12th – 13th September 2007.